Projekt LETEM INTERKULTURNÍM SVĚTEM II. CZ.07.4.68/0.0/0.0/16_037/0000337

METODIKA PRO PŘEDŠKOLÁKY

BAMBINO HAS A BIG HEART











EVROPSKÁ UNIE Evropské strukturální a investiční fondy OP Praha – pól růstu ČR PRA HA PRA GUE PRA GA PRA G

Bambino Has a Big Heart

The goal of this Theme

The main goal of this theme is to give the opportunity to our little Bambinoes to cultivate on a deeper level the feeling of love, compassion and respect combined with multicultural prints. They would experience the cultural, social and diverse traditions that are in our real world and daily life.

At this chapter children will have the open gate towards the most creative and beloved activities which are entirely based on developing affection. They will get familiar with different charity work around the world. Furthermore, we would activate our kids' knowledge and brain and make them think about how important is the role of Charity Companies in our lives and give them a hint that one day when they grow up they may BE a part of those companies.

Moreover, besides these activities our children will go for a visit to the Elderly House, they will get acquainted with Kolonkan, they will take part in different workshops, games based on emotions, etc.

In all activities included in this methodology we intend to highlight what is the most important to teach our little Bambinoes and that is empathy and rendering the feeling of love.

To add things we must mention that our activities are divided into four parts, each containing its own goals and targets to be achieved.

- 1. Circle Time- this part is an initiative one. Here we inform our children about the topic we are going to discuss and activities in which they will take part. Moreover, children may ask questions and are free to exchange opinions and give their own point of view on the topic.
- During this activity we use flashcards, pictures, books, encyclopedia and other practical things that may help us do the circle time more interactive and captivating.
- 2. The stage of motivation/ Pre-contemplation- At this stage the role of teacher is primordial. He will be the motivator and the guide towards the activities that children will participate at.

The teacher will be a kind of activist and helper as his kids will need to understand the whole process in which they will be involved in.

- 3. The process of activity- this is the time where all the kids imply their creativity and talents to gain the goal. They will activate their critical thinking and they will reflect all the things learned at this chapter.
- 4. Feedback- after all the activities in the remaining time the teacher will discuss with his children about what they found to be interesting and how could they apply it in the daily life. They will also talk about what they would like to change and make it even more entertaining for them.

All these activities in which our little Bambinoes are taking part are made according to the concepts of the requirements for the preschool level. Nevertheless, without any hesitation some of them could be also used to the other levels like kindergarten or the pre- preschool level.

All in all we hope that our activities are worth trying it and are useful. In case you have any feedback or ideas for us to change and make it better please be free to inform using our email: info@skolka-bambino.cz

Kolonkan

Level: Kindergarten

Goals: Improve critical thinking, gross motor skills, coordination, develop creativity and imagination, learn new vocabulary, and persuade children to feel love for the surrounding world.

Materials used: Atlas, sparkling powder/dust, glue, coloring paper, flashcards.

Our kids were given the chance to reflect about our Earth and the existing continents. One of them is Africa and one of the most treasured information they were told was about Kolonkan.

Thus, we decided to highlight it and make it one of our multicultural activities.

The goal of this task was to get familiar with different types of charity work around the world, encourage children to take part in different Charity Programs, to encourage them to think about the role of charities and to develop the skills of persuasion and the feeling of empathy and love for others.

We started by showing a picture (a HEART) to the kids and ask what they think about and feel when they see it. Thereafter, we asked them to show us how they express the feeling of love towards parents, relatives, etc.

After all this being done we explained to our little Bambinoes that their good actions and deeds, no matter how small, can make a real difference and change the world into a better place.



Further on we intended to ask our children to make a craft work as a present for Kolonkan. By doing it our goal was to teach kids how to reveal their talents and make them freely communicate through actions and artwork.

We also intended to make our children to co-work and create

something together. We wanted them to learn how to respect and listen to other opinion.

Our little Bambinoes were also given the free option of doing any craft they wish and we were extremely happy to see that they have chosen one of the true symbols of Love and that is THE HEART.

What was needed for this activity: Atlas (to show Africa), pictures and flashcards, paper, red sparkling dust, coloring paper, glue and the most important our talented children.

By the end of the activity we could firmly state the fact that all our goals where achieved





and that is making a heart craft and they learned not to be shy when they want to express their feeling of love and empathy for others.

Yoga – Embracing Love

Level: Preschool

Goals: Develop gross motor skills, concentration, patience, coordination, find harmony, inner love. Materials used: Atlas, multicultural puppets, yoga mats, relaxing songs, flashcards with yoga

positions, books.

It is said that "Yoga presented in a child's language can help counter the stress experienced by little ones living in a hurry-up world". Such activity has positive effects on child's behavior and we observed that by practicing yoga our kids find harmony, and love. They become patient, stay focused and they can deal with anger in a more peaceful way.

The goal of this activity is to teach our little Bambinoes how to coordinate, concentrate, how to foster the cooperation between them and teacher,



how to develop their body and gross motor skills as well as to find harmony, love and their inner light.

We must also add that such type of activity creates a beautiful relationship between the kids and their teacher as during this lesson the teacher becomes a facilitator and simultaneously with his little ones he opens his heart and together they start to explore the boundless world of wonder.

We began our circle time by asking our little Bambinoes to close their eyes and listen to the sounds of nature (e.g. rain, waves, birds, etc.). They had to guess what they heard and imitate that sound by using their body. At this stage children have the possibility to open their mind and get familiar to what they are going to do further on.

They were introduced to the history of Yoga (where does it come from) and were told about the countries in which it is practiced the most. They learned about its benefits and the way they should use it in life. After all this being said our children started:

Actually, we use Yoga as an activity in our weekly school plan but now for the first time we did Yoga by embracing the feeling of Love. As it has been said that Yoga can render a story we decided to give it a try and the whole lesson was axed on a story of Love and care between a little



girl from India and her disabled dog. Through the yoga positions that our children were doing not only did they reflect a heart touching story but they managed to get to the sensitive strings of their soul. Moreover, as a background they had a calming music and their gracious and gentle movements reflected our kids' fragile character. The most important thing to be mentioned here is that before

starting this Yoga activity the teacher reads that book to children but that was only on a theoretical level as when the kids started to move and feel the sad and calm music tunes this story was "digested" on a different level. Thus, by the end of this activity our target was achieved as the way Mr. Bambino has a big heart the same his kids from the kindergarten have a heart full of love and compassion. They felt tenderness, warmth and sympathy for both the dog and the little girl and that was an amazing result how they implied Yoga, storytelling and music.

A Visit to the Elderly Home – The Art of Caregiving

Level: Pre-preschool, Preschool

Goals: To teach give to have the sense of respect and love for older generations.

Our little Bambinoes have been making regular trips to the Elderly Care Home and for the

multicultural project we decided not to make any exception as we wanted to imply this as an activity which is worth practicing.

There, children had a lot of fun, they sang, danced, played games and learned about the elderly person and how it is to live with a disability.

The goal for this activity is to teach our kids



how to open their hearts to love, encourage, respect and support the Elderly people. To urge them to create a relationship with those people and be kind to everyone.

What must be mentioned is that we have realized that even one single visit to this place was a valuable experience for both children and the elderly. Moreover, the elderly felt like they were purposeful again and that somebody may need them.

As the interaction between the generations is not as simple one as it may seem we carefully thought of a plan that involved interactions between elders and our little Bambinoes.

Therefore, before going to the Elderly House our children discussed with their teacher about their family and their grandparents. They were asked how often they are visiting them and what do they like to do with them most of the times. We let our talented children to prepare by themselves the activities they would like to do and the results were fantastic. Moreover, they even decided they would like to bake for the elderly.

Baking Muffins and Chocolate Cookies

Goals: Team play, improving the gross motor skills, learning the names of some basic cooking tools and appliances and how to use them (under teacher's supervision). Working on arithmetic skills (pre – measuring: E.g. ½ tsp of oil, 200gr. Sugar, etc).

By the end of the baking process children made delicious muffins and cookie and they were happy

to share them.

Children were actively involved in all the activities they prepared: art crafts, songs (Skakal pes, Bezela ovecka, , Pec nam spadla, Holka modraoka); they also told them poems.

The materials that our children used where: Coloring paper, books, music, glue, colored pencils and paint.



Toddler Hand Print Cards

Goals: Co-working of the Preschool level kids and toddlers, team play, developing and improving

the motor skills, developing imagination and creativity, working on the art craft.

Our little Bambinoes worked together and made beautiful handmade cards. The preschoolers helped the toddlers from minischool to design them and they certainly gave them as presents for the elderly.

What our kids enjoyed the most was talking and listening to the life stories that each Elderly man had and we were happily pleased to see how they shared enthusiasm, knowledge and attitude.

We have seen how children shared their kind



feelings towards the elderly and how gentle they were behaving when being around them. They were respectful and peaceful and that was the moment we understood that if we bring children and the older adults together we could change the whole society outlook.

I Have Emotions

Level: Kindergarten

Pre-preschool

Preschool

Goals: Teach children to react to their emotions and how to reveal them. Improving - listening

comprehension skills, learn a new vocabulary, develop graph motor skills, gross motor skills, and

learn to read facial expressions. For the preschool and pre-preschool we also had as an objective to

make them talk about an experience they had in their life that caused them to be

happy/angry/sad/scared, etc.

Materials used: Books written by Brian Moses, flashcards, videos, music, songs.

Activities based on teaching feelings/emotions can help children identify and name their

sensations and instincts as throughout the day all the kids experience a wide range of feelings.

Sometimes they may experience emotions from minute to minute or from hour to hour, but what is

certain parents and teachers should always be near and teach them how to react to their emotions.

Nevertheless, we did not ignore the multicultural impact on the type of emotions kids may have as

the way children may react to emotions is also a part of their culture. Thus, in every activity

concerning our theme there was always a multicultural print in it (e.g. skin color, language,

ethnicity, the culture of behavior, etc.).

Before starting our activities we would sit in a circle and the teacher will introduce the topic

of the day: e.g. "Today we will talk about emotions". And right after introducing the topic the

phase of motivation and persuasion is following in which the teacher explains to his kids that

emotions cannot be touched or seen by anyone and that they are feelings that may cause some

actions like: When we feel sad we might cry, when we are angry we might shout, when we are

happy we laugh, etc. Then, the teacher will show the pictures with emotions from the book covers

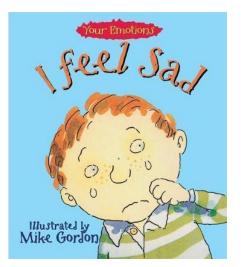
he prepared.

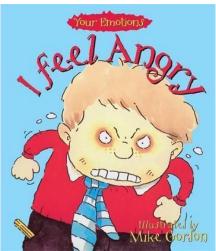
The teacher will also ask the children to describe the emotion they see in the picture and ask what do they feel.

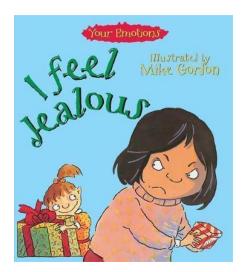
Furthermore, the teacher will explain the activity that will follow: e.g. "Now, you will have a chance to look at your face and paint a picture of yourself and the emotion you feel at this moment".

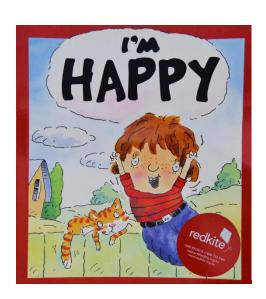
We asked our children to prepare with us the materials needed as they will also think what they need in order to manage the activity.

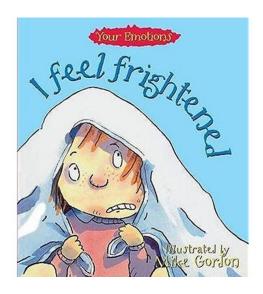
The list of materials is: A mirror, paint brushes, paints in containers (colors will be sorted according to the children's will), and pictures of different facial expressions, paper, and books written by Brian Moses: "I'm Happy", "I Feel Angry", "I Feel Sad", "I'm Worried", etc.

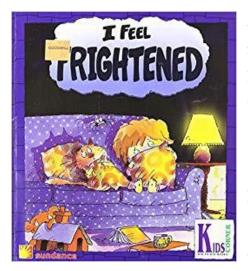












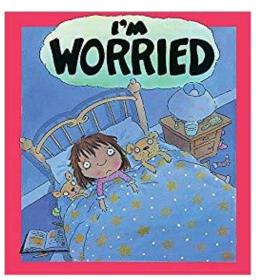
As a matter of fact we must say that each level had a certain number of pictures of emotions to describe. The kindergarten level will learn six emotions (happy, sad, sleepy, angry, worried, scared); the pre-preschool and preschool level- eight (happy, sad, angry worried, scared, justice (when it is not fair), sleepy, jealous).

Firstly, we start the activity in which our teacher's role is to show to the children a picture of a sad / happy/ worried face and ask what kind of emotion they see. Then, there will come

several other pictures with emotions and the kids will have to name them.

Secondly, the teacher will read the books written by Brian Moses. Each emotion from those stories has its own reason that caused them. Thus, the teacher's role is to ask his children if something like that happened to them and if they felt the same feeling.

Thirdly, this is the part where our main activity starts. We split our little Bambinoes into groups and each group will get mirrors, paint, paper, etc. Their task will be to draw a portrait with mirrors.



They will have to take the mirror, have a look at themselves and draw their face with any kind of emotion they feel at that moment.

Moreover, after those portraits dry they will make a big board with feeling and they will put their drawing on it.

According to this activity we must say that every child's role and benefit is to develop his listening comprehension skills along with his visual skills/ abilities and develop his emotional state at a different level. Especially, he will see pictures hear stories and explore day to day situations from his personal life and he will understand that emotions are a part of his daily life.

As a reward they will see their pictures put on the board so that everyone could see how talented and appreciated they are.

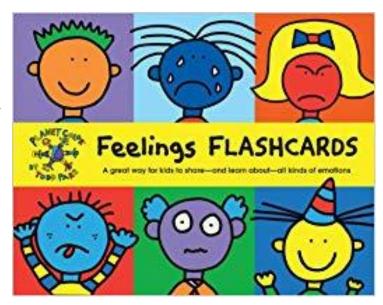
Although we could finish the emotion theme with this activity we decided to go further and play some games with our little Bambinoes. The following games will give children a new type of learning and practice by making it entertaining and worth playing.

1. "Missing Flashcard Guess"

Goals: Improve visual and listening skills

The teacher will show to his kids the emotion flashcards and review all of them one more time. He will attach the cards on the board so that kids would remember their sequence.

Then he will ask his children to close their eyes and cover them with hands. The teacher will remove a card and will



hold it behind his back. He will tell everyone to open their eyes and say which flashcard is missing.

2. Match feeling to the situations

Goals: Improving critical thinking, listening and visual abilities.

With the flashcards still on the board, the teacher will ask the little Bambinoes how they feel when it's sunny (E.g. ask "Do you feel angry when it's sunny?" and do an angry face – hopefully everyone will respond "No! Happy" and if not don't worry and discuss the mentioned possibilities, and together choose one). Draw a happy face under the sunny flashcard. For every card elicit the feeling and draw the face under each card.

3. Sing "The Feelings Song"

Goals: Working on creative and listening skills.

Play and sing the song and have everyone look at the pictures on the board (point as the song plays) and do the actions together with the kids. Next, play the song again and sing along, encouraging everyone to sing as they do the actions.

Kindergarten level:

If You're Happy

Super Simple Learning: https://www.youtube.com/watch?v=l4WNrvVjiTw

If you're happy, happy, happy clap your hands. If you're happy, happy, happy clap your hands. If you're happy, happy, happy clap your hands. Clap your hands.

If you're angry, angry, angry stomp your feet. If you're angry, angry, angry stomp your feet. If you're angry, angry, angry stomp your feet. Stomp your feet.

If you're angry, angry, angry stomp your feet.

If you're scared, scared, scared say: "Oh no!" If you're scared, scared, scared say: "Oh no!" If you're scared, scared, scared say: "Oh no!" Say: "Oh no!"

If you're scared, scared say: "Oh no!"

If you're sleepy, sleepy, sleepy take a nap. If you're sleepy, sleepy, sleepy take a nap If you're sleepy, sleepy, sleepy take a nap. Take a nap.

If you're sleepy, sleepy, sleepy take a nap.

Pre-preschool and Preschool level:

"The Feelings Song"

www.kidsstuff.com

When it's sunny, I am happy, When it's rainy, I am sad, When it's lunchtime, I am hungry, Time to eat, yummy!

When it's noisy, I am angry, When it's stormy, I am scared, When it's bedtime, I am sleepy, Time to sleep, good night!

When it's sunny, I am	_,
When it's rainy, I am	,
When it's lunchtime, I am	
Time to eat, yummy!	
When it's noisy, I am	_,
When it's stormy, I am	,
When it's bedtime, I am	,
Time to sleep, good night!	

Gestures for "The Feelings Song"

The actions for this reflect the situations and their associated feelings.

- 1. "When it's sunny" (do round circle shape with your arms), "I am happy" (smile).
- 2. "When it's rainy" (wriggle your fingers like rain), "I am sad" (look sad).
- 3. "When it's lunchtime" (rub your tummy), "I am hungry" (look hungry).
- 4. "Time to eat", (gesture eating), "yummy!" (Look happy).
- 5. "When it's noisy" (cover your ears), "I am angry" (look angry).
- 6. "When it's stormy" (gesture under an umbrella), "I am scared" (look scared).
- 7. "When it's bedtime" (gesture sleeping head sideways on pillow hands), "I am sleepy" (yawn with hand over mouth).
- 8. "Time to sleep, good night!" (Yawn and wave goodnight).

A song to perform for any level (From Mini-school to Preschool)

Goals: Improving the gross motor skills (sign language used in this song), finger play, listening comprehension, critical thinking, creative abilities.

Feelings

Sung to Twinkle, Twinkle, Little Star https://www.youtube.com/watch?v=3x_P5j1eSTA

I have feelings (point to self)

So do you (point to children)

Let's all sing about a few.

I am happy (smile).

I am sad (frown).

I get scared. (Wrap arms around self and make scared face).

I get mad (make a fist and shake it or stomp feet).

I am proud of being me (hands on hips, shoulders straight, and smile)

That's a feeling too, you see.

I have feelings (point to self)

You do, too (Point to children)

We just sang about a few.

To conclude we must mention that all the activities worked very well for our children and our target concerning this topic was achieved as it was a great time for them to be active and joyful.

Workshop

Level: Mini-school

Kindergarten

Pre-preschool

Preschool

All our multicultural educational activities are based on developing children's knowledge, improving skills and enlarging their horizons. That is why we decided to make a workshop which would include all those themes and would entertain our little Bambinoes.

This workshop was intended to be done not only to work on our children's skills but also to make them feel important, useful and loved as our topic is Bambino Has a Big Heart.

We shared love and tenderness while participating in the workshop's activities and all that was accomplished was taken to the Elderly House and given as presents form our gifted and skillful children.

A Dog Sock Puppet

Level: Kindergarten

Pre-preschool

Preschool

Materials needed: Socks, felt, glue gun, scissors, buttons/googly eyes, markers, fake fur fabric.

Books: "Clifford the Small Red Puppy" by Norman Birdwell;

"Pet Care" by Betsey Chessen



Goal: Improving gross motor skills, spur creativity, critical thinking, individual work and coordination of materials along with social interaction.

This type of activity can be done at any kindergarten level but the teacher must adapt it according to the level he is teaching.

Before starting this activity the teacher will describe and talk about it with the kids and give the necessary instructions to the entire group.

Firstly, during the circle time the teacher will read some stories about animals. He will engage children into a conversation about pets and ask them if they have pets at home and if not what do they wish they had and why. Secondly, the teacher will tell to the kids that they will make sock pet puppets and mainly dogs. Then, they will be shown the art materials that they will use when making those puppets. Thirdly, children will say how they see that puppet in their imagination (colour, eyes, mouth, etc) and the teacher will record their ideas on chart paper.

They will set out the art materials needed and they will start working. The teacher will offer assistance in case it is need it and in the meantime he will make a puppet for himself so that he could easily join in the activity.

When the work is done and the glue is drying the teacher will ask his children how they would like to name their dog puppets. Our little Bambinoes will introduce the pets and they will be allowed to bring them at the morning greeting circle.







Preschool children will be also encouraged and helped by their teacher to create a small pupper theatre from a cardboard box. That box will be decorated by drawing on it with colorful markers and then kids will create a dramatic or comedy play (e.g. One pupper dog has a big bone to eat and the other has none. So, they decide to share it and be best friends...).

After finishing this activity children will also have the possibility to watch Fely's sock Puppet

Friends: https://www.youtube.com/watch?v=ZTuAU8d3doo.

To sum up we must say that those dog puppet pets will be given as presents to The Elderly

House when our kids will go for a visit.

"Cooking Up Emotions"

Crackers

Level: Mini-school

Kindergarten

Goals: Improving motor skills, coordination and creative abilities, learning a new vocabulary

(food/kitchen supplies), learning by experimenting and playing with food.

Kitchen items needed: paper plates, knives (designed for children's cooking activities)

Ingredients: round crackers, ham, slices of cheese, shredded cheese Edam/ Cedar, raisins, red bell

pepper.

Firstly, the teacher will ask children how they feel today. He will ask how the weather is

outside and how does it make them feel. Secondly, he will inquire kids if they like to cook and what

they feel when they cook. The teacher will introduce the activity to the kids and together they will

go to the kitchen and prepare the ingredients.

Before cooking the children will arrange crackers as facial features on the paper plate. Then, they

will use cheese/ ham for the tone of the skin (only if they want), the shredded cheese for hair, a

piece of bell pepper for mouth and raisins for eyes.

Such activity is not only about cooking but it is also about indulging the process of critical thinking

on a multicultural level. Children will choose between colors and they will create something of their

own. For the kindergarten and mini-school level this cooking activity went very well and we must

say that children had a lot of fun in the cooking/learning process.

Pizza Funny Faces

Level: Pre-preschool

Preschool

Goals: Improving creative skills, coordination, motor skills, develop imagination, learn new vocabulary (food/kitchen supplies), learning by experimenting and playing with food

Kitchen items needed: Plates, rolling pin, baking tray, parchment paper, knives, a mug.

Ingredients: Flour, dough, bell pepper (red, green, orange), olives, cheese, ham, tomato sauce,

During the circle time the teacher will ask children how they feel. They will review the emotion theme and then the teacher will also inquire about what kind of food would make them feel happy. Most of the kids enjoy eating pizza so this activity will be a perfect way to make them happy and crazy- involving their emotions to a maximum level and they should cook Pizza Funny Faces.

After the teacher introduces the type of cooking activity, children will go to the kitchen and prepare the ingredients. Moreover, children, themselves, will say what other ingredients they may need which may not be in the teacher's list.

Firstly, they will take the dough and divide it into four parts. They will take a rolling pin and they will roll it and with a mug they will do round circles. Secondly, they will prepare the baking tray and the parchment paper. Then, our little Bambinoes will take those dough circles and put them on

the baking tray. They will make mini pizza funny faces by decorating them the way they want.

As we mentioned in our goals this activity is a perfect way to enlarge kids' knowledge. They learn by experimenting and playing at the same time. Children become motivated in seeing how great it is to make something healthy, interesting and delicious at the same time.



In conclusion to this workshop activity we must mention that our little Bambinoes had an endless joy while cooking. They had the opportunity to learn about different food ingredients, to use

some kitchen supplies and to implement their imagination and creativity by making facial

expressions. However, the greatest feeling of satisfaction was when they are a yummy pizza.

I AM Different

(Multicultural fingers play by Kenyetta C.)

Level: Kindergarten

Pre-preschool

Goals: Developing motor skills, listening comprehension, creative movements, to highlight the

beautiful multicultural differences in our group and to make children accept, love and respect those

differences, coordination of the body movements.

Material needed: just fingers

At this workshop our little Bambinoes will play an amazing finger play game.

I am different from my head to my toes (point to self then to head and toes)

I am different from my eyes to my nose (point to self then eyes and nose)

I come from a place that is far and wide (point to self then spread arms wide open)

A place where we all smile instead of cry (act like you are tracing your lips into a smile and bring hands down eyes as if you were crying)

I am very different as you can see (point to self then at a friend)

But I still have a lot of love in me! (point to self-place hand over the heart then hug yourself)

Love You Forever

Reading Time: Love You Forever by Robert Munsch

Home by Kate Petty
All Kinds of People by Sheri Safran

Level: Kindergarten
Pre-Preschool
Preschool

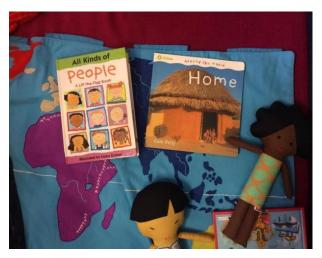
Goals: Develop critical thinking and imagination, improving and working on listening skills and some listening comprehension exercises for the preschool level children. Love and respect people no matter the age, what they do and their ethnicity.

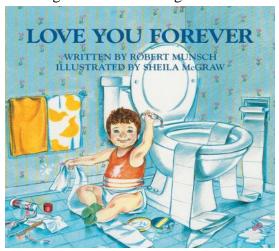


Our little Bambinoes enjoy listening to different kind of stories the teacher reads to them. They are passionate and active listeners and they always take the best from every page that is read to them.

The three books mentioned have the best love and multicultural print we would like to cultivate in our children.

After reading those books to children the teacher will ask several questions to see the level of listening and understanding of what has been read.





The children will not only have to answer to the teacher's questions but also to render the type of emotions they had when those books were read to them.

Worksheets

In Bambino we are at the multicultural theme called "Bambino Has a Big Heart". Thus, with the help of a graphic designer we prepared worksheets according to this topic. Such worksheets may be used for the pre-preschool and preschool children as they would work on them individually or in groups.

The following worksheets are a very good method to check children knowledge and how much they had taken from the activities they had. They may also ask questions and learn even more as life (especially at the kindergarten) is a continuous source of knowledge.

Please see below the attached worksheets.

BAMBÍNO HAS A BIG HEART

There are people of various nationalities living in the world. African, European, Asian, and American people's appearance and clothing differ a bit from each other. Cut out particular pictures of children and try to guess their places of living upon their typical clothing.

























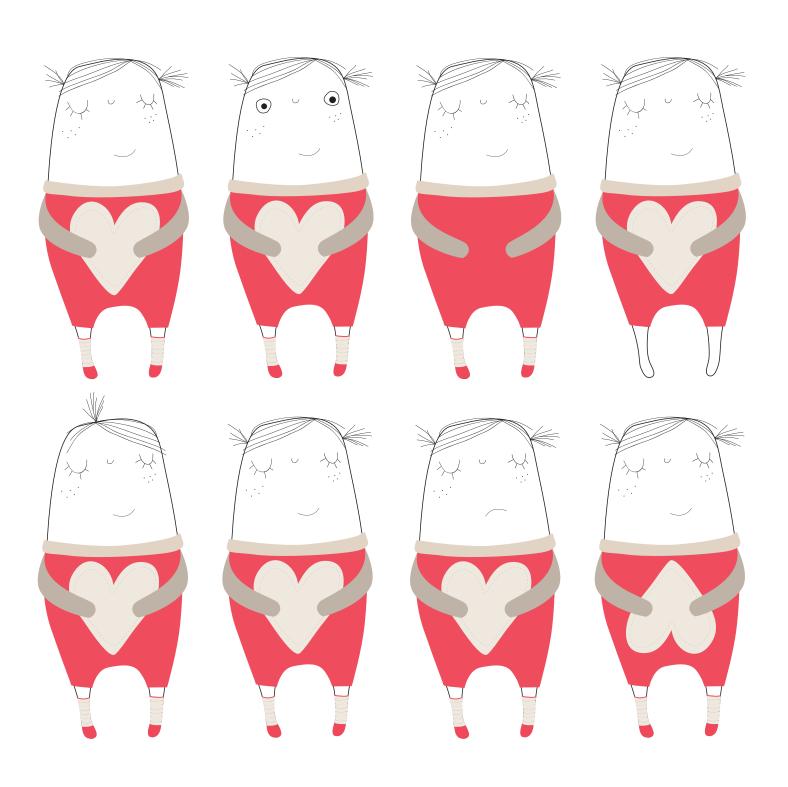






BAMBÍNO HAS A BIG HEART

Annie feels so much love that she would cast all her bread upon the waters. It is called "wearing her heart on her sleeve". Find and encircle two absolutely identical pictures of Annie.



BAMBÍNO HAS A BIG HEART

Many nations celebrate Christmas. Celebrations of some other nations are totally different. Christmas presents are sometimes brought by little Jesus, sometimes by Santa Claus, and sometimes by Jack Frost. Cut paper into strips and piece together a Christmas picture. Do you have any idea, what country the picture is from? Who does bring Christmas presents here?







Jedinečné mezinárodní školky a jesle v Dejvicích a na Vinohradech.